

## How to Talk to Your Doctor

Questions you may ask your doctor to help start the conversation:

- 1. How is my cancer affecting my health right now?
- 2. How quickly do I need to start treatment?
- 3. How will my cancer and cancer treatment affect my future fertility?
- 4. Based on my treatment plan, what is my risk of infertility [high, moderate, low]?
- 5. What are my options for fertility preservation before I begin cancer treatment?
- 6. Can I have a child after my cancer?
- 7. Can you refer me to a fertility preservation specialist to discuss my options further?

Remember there are other ways to build a family after cancer if you are unable to preserve your fertility now. Talking with a specialist can help you explore other options that might be right for you.